

Ruth Bochat

NURSE PRACTITIONER

PROFESSIONAL EXPERIENCE

Transloc Clinical Advanced Practice Advisor 7/2024- Present

- Educate Advanced Practice Providers (APPs)
- Present and help design Webinars as educational tools and resources for new APPs
- Participate in Advanced Practice Provider Panel Meetings to create initiatives to further education

New York Brain Spine and Joint, NY

Eastern Suffolk Spine and Pain Medicine LLC

Interventional Pain Management Lead NP and First Assist

2/23-present

- Assisting collaborating Pain Management physicians and Neurosurgeons on ambulatory surgical cases
- Performing pre-op work up and post op care
- Provide clinical leadership and oversight to Pain Management Division
- Participate in Quality improvement initiatives

Pain Institute of Long Island, NY

Interventional Pain Management Nurse Practitioner: 6/2021-2/23

2/23-Merged with NY Health NY Spine and Pain Specialist, Long Island, NY

- Document patient history, assess and diagnose based on provided information, imaging and diagnostic testing
- Collaborating with physician regarding patient treatment programs, reviewing drug and diagnostic tests
- Proficient in use of Ultrasound guided injections, botox and Trigger point injections
- Upon discharge, notes discharge summaries, prescriptions, and any referrals on patient charts
- Pre-op and post op work up, education, and discharge

Lenox Hill Hospital, NY

MICU Registered Nurse: 11/2019 -8/2021

Med/ Neuro Step-Down Registered Nurse: 1/2018 -11/2019

- Collects, assesses and documents patient healthcare data reassessment in medical records
- Implements interventions in the coordination of patient care in a

CERTIFICATIONS

ACLS

CREDENTIALLED

Northwell Health Mather Hospital

Catholic Health Services St Charles Hospital

Port Jeff Surgery Center

AWARDS

Daisy Award For Extraordinary Nursing

Cum Laude

Dean's List

LANGUAGES

English
Spanish

EXTRACURRICULAR INVOLVEMENT

North American Neuromodulation

- safe, timely and appropriate manner, and escalation of care
- Implementation of policies and round as Cauti Champion
- Assess, plans, implements and evaluates the nursing care of the assigned critical care patients
- Perform charge nurse duties and training new hires
- Determines mobility, sensory deficits, skin condition and creates a plan of care

EDUCATION

SUNY Downstate Medical Center, Brooklyn, NY 11203

Family Nurse Practitioner Program, 8/2018 -8/2020

New York University, New York, NY 10010

Accelerated Bachelor of Science in Nursing, 1/2013 -6/2015

John Jay College of Criminal Justice, New York, NY 10019

Bachelor of Arts in Psychology, 7/2009- 5/2012

Society Subcommittee member
2024-present

American Nurse Association:

Nurse Practitioner Member, 2021

Cauti Champion: Lenox Hill
Hospital, 2021

Patient Care Champion: Lenox Hill
Hospital, 2020

Chronic Care Management: Lenox
Hill Medical Associates, 2019

Collaborative Care Council: Lenox
Hill Hospital, 2019

Collaborative Care Council

Co-chairman: Lenox Hill Hospital,
2014